

2024 Odyssey Trail Running Rampage Post Race Newsletter

My Staff and I would like to thank you again for participating in the Odyssey Trail Running Rampage this past weekend and for the feedback you gave us at the event and please feel free to email at us hq@oarevents.com, for any other suggestion you have that would make the event better.

I want to thank you for being so conscious of your trash while on the trails. We only picked up 2 cups! That's amazing! Thank you!

We would like to thank [Mountain Junkies](#) for their timing services. Check out the great events they produce! [Millboro Preservation and Culture Association](#) for providing the food service for our event. And Boy Scout Troop 2 for manning our aid stations. We would like to thank our awesome volunteers.

We would like to thank our Sponsors, [Virginia State Park Series](#) and [Next Level Fitness and Healing](#).

We would like to congratulate all the finishers and especially the first timers to the world of trail running and Odyssey Adventure Racing. We hope you are hooked. We have a great time playing in the dirt!

Congratulation to all the top 3 Female and Male in each event!

50K Ultra

Female

1st- Siena Morlatt- 5:32:05

2nd- Annelise Burgess- 6:29:00

3rd- Erica Broadbent- 6:31:54

Male

1st- Eric Voigt- 5:07:15 (New Course Record!)

2nd- Ian Fry- 5:15:36

3rd- Jered Wendte- 5:49:42

26 Miler

Female

1st- Jean Bowman- 6:48:07

2nd- Jennifer Kirby- 6:58:05

3rd- Emily Roberts- 7:26:28

Male

1st- Austin Lopez- 5:14:23

2nd- Mark Davis- 5:26:39

3rd- Zealand Shouse- 5:51:57

13 Miler

Female

1st- Bridget Donaldson- 2:09:55

2nd- Emily Smith- 2:10:38

3rd- Brittany Burns- 2:19:35

Male

1st- Brennan Henning-1:43:11

2nd- Greg Giunta- 1:56:39

3rd- James Comer- 1:58:39

6 Miler

Female

1st- Bryn McDaniel- 55:04

2nd- Caroline Guelig- 1:01:30

3rd- Samantha Hand- 1:08:38

Male

1st- Jesse Huckins- 51:13

2nd- Daniel Gabbard- 55:03

3rd- Mark Solari- 1:00:32

You can find the full results [here](#) and they will be posted on our [website](#).

Next year's event will be on September 6, 2025. So, book your cabin, tell your friends, and make it a trail running party! [Registration](#) is open now. To give your friends a little extra incentive to join you for next year's event we are offering a 20% discount code good through this Sunday. The code is **FRIENDS** and we would like to offer you the same discount so we can cheer you on again! Your 20% discount code is **TRR24**. These codes are good through Monday September 16, 2024.

Our next event will be our [Land Navigation Clinic](#) in Roanoke, VA on October 26, 2024. This clinic will teach you map and compass skills that will help you take your running adventures to a new level and a must if you are looking into trying the great sport of adventure racing.

If you would like to take your training and racing to the next level through practical lifestyle, nutritional, and fitness training contact Ronny Angell, of [Next Level Fitness and Healing](#) at Ronny@nextlevelfitnessandhealing.com. The coaching can be done in person or phone and internet. He is passionate about helping people achieve health and fitness goals holistically and sharing his knowledge through 20+ years as an endurance athlete. He also offers personal endurance sports coaching, land navigation training, energy healing, and corrective exercise training used to correct muscular imbalances that are creating pain in the body or inefficiency in your movement patterns.

We look forward to seeing you again and your friends next year!

Thanks again and good luck with any future races you have on your schedule!

Thanks,

Ronny Angell

Race Director

& Your Odyssey Adventure Racing Team