

## 2021 Odyssey Trail Running Rampage Post Race Newsletter

My Staff and I would like to thank you again for participating in the Odyssey Trail Running Rampage presented by the County of Bath this weekend. We hope you all made it home safe. The weather was beautiful this year and I already have put my order in for the same weather next year. Look forward to doing it again next year. We have a special offer for you below.

We would like to thank you for the feedback you gave us at the event and please feel free to email us any other suggestion you have that would make the event better.

We would like to thank Mountain Junkies for their timing services. Check out the great events they produce! MPCA for providing the food service for our event. And Boy Scout Troop 2 for manning our aid stations. We would like to thank our awesome volunteers.

We would like to congratulate all the finisher also and especially the first timers to the world of trail running and Odyssey Adventure Racing. We hope you are hooked. We have a great time playing in the dirt!

Congratulation to all the top 3 Male and Female in each event!

### 40 Miler

#### Female

1st- Francesca Conte - 6:59:35.4

2nd- Kate Fletcher - 9:14:10.0

3rd- Betsy Eckert - 10:16:23.9

#### Male

1st - Nathan Anderson - 6:59:35.4

2nd- Alex Shtogren - 7:45:29.2

3rd- Josh Persinger - 8:42:29.9

### 26 Miler

#### Female

1st- Margaret Holloway - 5:16:44.7

2nd- Meagan Denman - 5:35:15.9

3rd- Jilian Hanright - 5:45:34.2

Male

1st- J. R. Luyster - 4:21:11.2

2nd- Luke Shover - 4:34:08.7

3rd- Nicolas Kurland - 4:49:15.0

13 Miler

Female

1st- Helet Botha - 2:22:09.8

2nd- Emily Richter - 2:32:12.8

3rd- Erica Broadbent - 2:40:37.4

Male

1st- Ryan Smith - 1:53:00.7

2nd- Andrew Rogers - 2:04:19.4

3rd- Brian Keller - 2:05:41.7

6 Miler

Female

1st- Rachel Rabbitt - 49:34.6

2nd- Kathryn Meinert - 57:16.1

3rd- Amy Annette - 58:49.8

Male

1st- Silas King 57:25.9

2nd- Matthew Lippert - 58:51.5

3rd- Josh King - 1:00.01.1

Here are the full results.

Next year's event will be on Saturday, September 17, 2022. For supporting us this year we would like to offer you a 25% discount off your 2022 registration. Use discount code TRR 21 . We heard you talk about how you were going to bring your friends next year. So we want to help you make that happen. Here is a

25% discount code for them. Have them use the code FRIENDS. These offers are only good until Friday Sept. 24, 2021 midnight.

[Register Here](#)

Don't forget to use TicketGuardian just in case something happens you can't make the event.

Be sure to come back to the area and check out all the great things to do in the County of Bath.

If you would like to take your training and racing to the next level through practical lifestyle, nutritional, and fitness training contact Ronny Angell, of Next Level Fitness and Healing at [Ronny@nextlevelfitnessandhealing.com](mailto:Ronny@nextlevelfitnessandhealing.com). The coaching can be done person or phone and internet. He is passionate about helping people archive health and fitness goals holistically and sharing is knowledge through 20+ years as an endurance athlete. He also offers personal endurance or skills coaching, land navigation training, and corrective exercise training used to correct muscular imbalances that are creating unwanted stress on the body.

Thanks again and good luck with any future races you have on your schedule!

Thanks,

Ronny Angell

Race Director

& Your Odyssey Adventure Racing Team